

SCHOOL COUNSELING

Kindergarten

STRAND Academic Domain

STANDARDS GOALS and PERFORMANCE OBJECTIVES

- K.01 **Students will be given the opportunity to develop the attitudes, knowledge, and skills that contribute to effective learning in school and across the lifespan.**
1. Learn to work cooperatively with others including listening, raising hands, taking turns, and sharing materials.
 2. Learn to take responsibility for their actions.
 3. Learn to work independently.
 4. Learn how to communicate respectfully, including how to ask for help when needed.
 5. Learn from mistakes.
- K.02 **Students will be given the opportunity to complete school with the academic preparation to be lifelong learners.**
1. Learn to do their best.
 2. Seek help from teachers, family and peers.
- K.03 **Students will understand the relationship of academics to the world of work, and to life at home and in the community.**
1. Learn about the relationship between learning and work.

STRAND Career Domain

- K.04 **Students will be given the opportunity to acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.**
1. Learn to make age appropriate decisions.
 2. Identify careers of community helpers.
 3. Learn how to interact and work cooperatively in teams.

- K.05 **Students will be given the opportunity to employ strategies to achieve future career goals with success and satisfaction.**
1. Learn about a variety of occupations.
- K.06 **Students will understand the relationship between personal qualities, education training and the world of work.**
1. Learn about the various roles one has such as friend, child, and student.
 2. Learn to become problem solvers.

STRAND Personal/Social Domain

- K.07 **Students will be given the opportunity to acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.**
1. Develop a positive healthy self-esteem.
 2. Recognize basic feelings as expressed by self and others.
 3. Distinguish between appropriate and inappropriate behaviors.
 4. Learn how to make and keep friends.
 5. Develop a respect for individual and cultural differences.
 6. Recognize personal boundaries.
- K.08 **Students will be given the opportunity to make decisions, set and achieve goals.**
1. Understand that choices have consequences.
 2. Seek appropriate help when necessary.
 3. Develop problem solving skills.
- K.09 **Students will be given the opportunity to understand safety and survival skills.**
1. Learn the difference between appropriate and inappropriate physical contact.
 2. Develop the skills to assert boundaries, rights, and personal privacy.
 3. Learn to resolve conflicts in healthy, appropriate ways.

SCHOOL COUNSELING

First and Second Grade

STRAND Academic Domain

STANDARDS	GOALS and PERFORMANCE OBJECTIVES
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| 1-2.01 | Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the lifespan. <ol style="list-style-type: none">1. Demonstrate the ability to take responsibility for their actions.2. Demonstrate the ability to work independently and in groups.3. Continue to develop respectful communication skills.4. Accept mistakes as essential to the learning process. |
| 1-2.02 | Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college. <ol style="list-style-type: none">1. Develop the skills to be a self-directed and independent learner.2. Learn the study skills necessary for academic success. |
| 1-2.03 | Students will understand the relationship of academics to the world of work, and to life at home and in the community. <ol style="list-style-type: none">1. Understand the relationship between learning and work. |

STRAND Career Domain

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| 1-2.04 | Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. <ol style="list-style-type: none">1. Demonstrate the ability to make age appropriate decisions.2. Identify a variety of occupations. |
| 1-2.05 | Students will be given the opportunity to employ strategies to achieve future career goals with success and satisfaction. <ol style="list-style-type: none">1. Learn to set age appropriate goals. |

1-2.06 **Students will understand the relationship between personal qualities, education training and the world of work.**

1. Identify personal interests and relate them to current career choices.

STRAND Personal/Social Domain

1-2.07 **Students will be given the opportunity to acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.**

1. Develop a positive attitude toward self as a unique and worthy person.
2. Identify and respectfully express emotions.
3. Develop the relationship skills needed to maintain friendships.
4. Demonstrate a respect for individual and cultural differences.
5. Recognize personal boundaries of self and others.
6. Understand the need for self-control and practice it.

1-2.08 **Students will be given the opportunity to make decisions, set and achieve goals.**

1. Understand that choices have consequences.
2. Learn to set age appropriate goals.
3. Demonstrate problem solving skills.

1-2.09 **Students will be given the opportunity to understand safety and survival skills.**

1. Identify the difference between appropriate and inappropriate physical contact.
2. Continue to develop the skills necessary to assert boundaries, rights, and personal privacy.
3. Develop conflict resolution skills.

SCHOOL COUNSELING

Third and Fourth Grade

STRAND Academic Domain

STANDARDS	GOALS and PERFORMANCE OBJECTIVES
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3-4.01	Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the lifespan.
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1. Demonstrate how effort and persistence positively affect learning.
2. Demonstrate pride in work and achievement.
3. Recognize and articulate feelings of competence and confidence as a learner.

3-4.02	Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.
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1. Continue to develop the skills to be self-directed and independent learners.
2. Establish challenging academic goals at each grade level.
3. Recognize the relationship between classroom performance and success in school.

3-4.03	Students will understand the relationship of academics to the world of work, and to life at home and in the community.
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1. Recognize the need to seek co-curricular and community experiences to enhance the school experience.
2. Develop an understanding of the relationship between learning and work.

STRAND Career Domain

3-4.04	Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.
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1. Learn the process of decision making.
2. Learn about a variety of traditional and nontraditional occupations.
3. Develop the skills needed to set goals.

4. Identify employability skills such as working on a team, problem solving, and organizational skills.

3-4.05

Students will employ strategies to achieve future career goals with success and satisfaction.

1. Identify personal skills, interests, and abilities and relate them to current career choices.

3-4.06

Students will understand the relationship between personal qualities, education training and the world of work.

1. Identify personal interests and relate them to current career choices.
2. Continue to develop and use conflict management skills with peers.

STRAND Personal/Social Domain

3-4.07

Students will acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.

1. Demonstrate a positive attitude toward self as a unique and worthy person.
2. Demonstrate the ability to appropriately express emotions.
3. Learn to be empathetic and understanding of other people.
4. Demonstrate a respect for individual and cultural differences.
5. Demonstrate a respect for personal boundaries of self and others.
6. Identify personal strengths and assets.
7. Learn coping skills for managing conflict within interpersonal relationships.

3-4.08

Students will make decisions, set goals, and take necessary action to achieve goals.

1. Understand the consequences of decisions and choices.
2. Demonstrate when, where, and how to seek help for solving problems and making decisions.
3. Continue to develop the skills needed to set goals.

3-4.09

Students will understand safety and survival skills.

1. Learn coping skills for managing life events.
2. Demonstrate the ability to assert boundaries, rights, and personal privacy.
3. Learn techniques for managing stress and conflict.

SCHOOL COUNSELING

Fifth and Sixth Grade

STRAND Academic Domain

STANDARDS GOALS and PERFORMANCE OBJECTIVES

- 5-6.01 **Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the lifespan.**
1. Identify the steps for problem solving.
 2. Articulate feelings of competence and confidence as a learner.
 3. Recognize their responsibility for their actions.
 4. Learn effective test taking skills.
 5. Recognize the importance of time management and organizational skills.
 6. Demonstrate the ability to follow directions instructions and to complete and turn in assignments on time.
- 5-6.02 **Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.**
1. Apply the study skills necessary for academic success at each level.
 2. Become a self-directed and independent learner.
 3. Establish challenging academic goals and demonstrate the motivation to achieve individual potential.
- 5-6.03 **Students will understand the relationship of academics to the world of work, and to life at home and in the community.**
1. Recognize the existence of vocational/educational programs.
 2. Relate school subjects to careers by exploring ways that school experiences help to develop skills and behaviors needed for life and work.
 3. Understand the relationship between learning and work.

STRAND Career Domain

- 5-6.04 **Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.**
1. Establish tentative career objectives by identifying special interests, likes and dislikes.
 2. Identify a variety of career choices.
 3. Develop employability skills such as working on a team, problem solving, and organizational skills.
- 5-6.05 **Students will employ strategies to achieve future career goals with success and satisfaction.**
1. Identify personal skills, interests, and abilities and relate them to current career choices.
 2. Develop an awareness of the activities associated with a variety of occupations.
 3. Develop a positive attitude towards the world of work.
- 5-6.06 **Students will understand the relationship between personal qualities, education training and the world of work.**
1. Understand the importance of responsibility, dependability, punctuality, integrity and effort in the workplace.
 2. Understand the relationship between educational achievement and career success.
 3. Develop hobbies and vocational interests.
 4. Develop an awareness of the dignity of all careers and that all careers are appropriate to any gender or racial/ethnic group.
 5. Have an awareness of the family influence concerning career choices.

STRAND Personal/Social Domain

- 5-6.07 **Students will acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.**
1. Understand the need for self-control and how to practice it.
 2. Recognize, accept, respect and appreciate individual differences.
 3. Utilize effective communication techniques knowing that communication involves speaking, listening and nonverbal behavior.
 4. Describe how one's behavior influences the feelings and actions of others and develop a sense of community.

5. Identify the three stages in the development of interest in other people (infatuation, dating, marriage).

5-6.08

Students will make decisions, set goals, and take necessary action to achieve goals.

1. Identify alternative solutions to a problem.
2. Know how to apply conflict resolution skills, including use of I-statements.
3. Learn how to resist peer pressure.
4. Develop effective coping skills for dealing with problems.

5-6.09

Students will understand safety and survival skills.

1. Differentiate between situations requiring peer support and situations requiring adult professional help.
2. Develop coping skills for managing life events.
3. Develop an awareness of the emotional and physical dangers of substance use and abuse.
4. Develop the ability to manage his/her behavior and to recognize and accept consequences for that behavior.
5. Learn the warning signs of suicidal behavior and intervention strategies.
6. Learn the stages of grief and how grief can impact his/her ability to make positive decisions.
7. Demonstrate the ability to set boundaries, rights and personal privacy.