

# **SCHOOL COUNSELING and GUIDANCE**

## **Seventh Grade**

### **STRAND Academic Domain**

#### **STANDARDS GOALS and PERFORMANCE OBJECTIVES**

- 7.01 **Students will demonstrate the attitudes, knowledge, and skills that contribute to effective learning in school and across the lifespan.**
1. Become familiar with the school learning environment including the programs, services and activities offered, school staff and school rules.
  2. Know the various resources available for academic assistance, identify when needed, and implement strategies for accessing.
  3. Develop effective routines for organizing and planning school work.
  4. Gain knowledge of his/her academic abilities, including strengths, and verbalize an understanding of test data.
- 7.02 **Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.**
1. Explore personal academic aptitudes and interests.
  2. Use decision-making strategies to establish an educational goal and identify strategies for achieving it.
  3. Demonstrate understanding of the importance of study skills and apply the study skills that are personally most effective for enhancing academic success.
  4. Develop an understanding of basic learning styles to help one's self as a learner.
- 7.03 **Students will understand the relationship of academics to the world of work, and to life at home and in the community.**
1. Relate school subjects to careers by relating school experiences to life skills and behaviors needed for the world of work, matching jobs with the necessary academic skills and learning about vocational/educational programs.
  2. Develop a broad range of interests and abilities and demonstrate the ability to balance school studies, extracurricular activities, leisure time and family time, as it pertains to the transition from Elementary to Junior High.

## **STRAND Career Domain**

- 7.04            **Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.**
1. Identify career clusters and related job requirements.
  2. Understand the importance of responsibility, dependability, punctuality, integrity and effort in school and personal life.
- 7.05            **Students will employ strategies to achieve future career goals with success and satisfaction.**
1. Learn how to use the internet to access career planning information through such programs as MCIS.
  2. Understand the importance of planning for future achievement.
- 7.06            **Students will understand the relationship between personal qualities, education training and the world of work.**
1. Understand the relationship between educational achievement and career success.
  2. Develop an understanding of how work can help to achieve personal success and satisfaction.

## **STRAND Personal/Social Domain**

- 7.07            **Students will acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.**
1. Develop increased self-understanding by identifying feelings, developing appropriate coping skills, and maintaining a positive self-esteem.
  2. Demonstrate respect and appreciation for individual and cultural differences.
  3. Understand that friendships and relationships change over time.
- 7.08            **Students will make decisions, set goals, and take necessary action to achieve goals.**
1. Identify short- and long-term goals and strategies achieving them.
  2. Demonstrate responsibility by completing school tasks, taking care of his/her possessions, and respecting the property of others.

7.09

**Students will understand safety and survival skills.**

1. Continue to develop a personal awareness of one's own behavior and how this relates to interactions with peers.
2. Identify strategies for seeking assistance when harassed, bullied, or discriminated against at school.
3. Learn effective skills for resisting negative peer pressure and influence.
4. Demonstrate an ability to set personal boundaries, assert individual rights, and protect personal privacy.
5. Acknowledge right and wrong choices and consequences.

# **SCHOOL COUNSELING and GUIDANCE**

## **Eighth Grade**

### **STRAND Academic Domain**

#### **STANDARDS      GOALS and PERFORMANCE OBJECTIVES**

- 8.01                    **Students will demonstrate the attitudes, knowledge, and skills that contribute to effective learning in school and across the lifespan.**
1. Implement and evaluate effective routines for organizing and planning school work.
  2. Resolve problems that interfere with learning by identifying problems and developing skills and behaviors to resolve/cope with them.
- 8.02                    **Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.**
1. Prepare for transition to high school by developing an awareness of four-year academic planning.
  2. Develop an awareness of how educational planning and test data impacts post-secondary options.
- 8.03                    **Students will understand the relationship of academics to the world of work, and to life at home and in the community.**
1. Develop a broad range of interests and abilities and demonstrate the ability to balance school studies, extracurricular activities, leisure time and family time.
  2. Relate school subjects to careers by developing awareness of course offerings, graduation requirements, and career options.

### **STRAND Career Domain**

- 8.04                    **Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.**
1. Acquire information about educational and vocational/training opportunities within and beyond school by learning about community colleges, trade school, four year colleges and universities.
  2. Relate knowledge of self to program of study for educational and career planning by understanding how school courses are relevant to occupations.

- 8.05                    **Students will employ strategies to achieve future career goals with success and satisfaction.**
1. Apply decision-making skills to career planning and course selection.
  2. Demonstrate awareness of the education and training needed to achieve career goals.
- 8.06                    **Students will understand the relationship between personal qualities, education training and the world of work.**
1. Understand how interests, abilities and achievement relate to achieving personal, social, educational and career goals.

### **STRAND Personal/Social Domain**

- 8.07                    **Students will acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.**
1. Develop knowledge and understanding of alternative points of view and understand that change is part of growth.
- 8.08                    **Students will make decisions, set goals, and take necessary action to achieve goals.**
1. Identify appropriate problem-solving steps, resolve conflicts, make effective decisions, and exhibit coping skills to deal with stress and conflicts.
- 8 .09                    **Students will understand safety and survival skills.**
1. Continue to differentiate between situations requiring peer support and situations requiring adult or professional assistance.
  2. Apply effective problem-solving and decision-making skills to make safe and healthy choices.
  3. Demonstrate techniques for managing stress and conflict, including peer pressure.

# **SCHOOL COUNSELING and GUIDANCE**

## **Ninth Grade**

### **STRAND Academic Domain**

#### **STANDARDS GOALS and PERFORMANCE OBJECTIVES**

- 9.01 **Students will demonstrate the attitudes, knowledge, and skills that contribute to effective learning in school and across the lifespan.**
1. Identify attitudes, behaviors, and organizational skills that lead to successful learning.
  2. Develop a broad range of interests and abilities.
- 9.02 **Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.**
1. Apply the study skills necessary for academic success in the ninth grade.
  2. Establish appropriate grade-level academic goals and review graduation requirements.
  3. Develop a four-year plan of study appropriate for the student's academic ability, aptitude, and interest.
  4. Use problem solving and decision making skills to assess progress towards educational goals.
  5. Explore post-secondary options consistent with interests, achievement, aptitude, and abilities.
- 9.03 **Students will understand the relationship of academics to the world of work, and to life at home and in the community.**
1. Understand the value of lifelong learning as essential to seeking, obtaining, and maintaining life goals.
  2. Understand that school success prepares students to become productive members of the community.

### **STRAND Career Domain**

- 9.04 **Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.**
1. Pursue competency in areas of interest.
  2. Explore job readiness skills to prepare for employment opportunities.
  3. Identify appropriate work ethic and behaviors in school, community, and workplace.
  4. Learn the importance of respecting diversity in school, community, and workplace.

- 9.05            **Students will employ strategies to achieve future career goals with success and satisfaction.**
1. Develop an awareness of resources to obtain career information.
  2. Establish a career planning portfolio.
  3. Identify the high school courses that will assist them in reaching career goals.
- 9.06            **Students will understand the relationship between personal qualities, education training and the world of work.**
1. Understand that the changing workplace requires lifelong learning and acquisition of new skills.
  2. Establish educational and career goals.

### **STRAND Personal/Social Domain**

- 9.07            **Students will acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.**
1. Identify changing personal and social roles.
  2. Recognize, accept, and respect individual differences.
  3. Advocate for self.
  4. Communication skills for positive interaction with peers and adults.
- 9.08            **Students will make decisions, set goals, and take necessary action to achieve goals.**
1. Identify long and short term goals.
  2. Identify alternative ways of achieving goals.
- 9.09            **Students will understand safety and survival skills.**
1. Recognize resource people in the school and community, and know how to seek help.
  2. Recognize the relationship between rules, laws, safety and the protection of an individual's rights.

# **SCHOOL COUNSELING and GUIDANCE**

## **Tenth Grade**

### **STRAND Academic Domain**

#### **STANDARDS      GOALS and PERFORMANCE OBJECTIVES**

- 10.01                    **Students will demonstrate the attitudes, knowledge, and skills that contribute to effective learning in school and across the lifespan.**
1. Apply attitudes, behaviors, and organizational skills that lead to successful learning.
  2. Continue to develop a broad range of interests and abilities.
- 10.02                    **Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.**
1. Apply the study skills necessary for academic success in the tenth grade.
  2. Establish appropriate grade-level academic goals, working towards graduation requirements and qualification for salutatorian and valedictorian.
  3. Assess and modify a plan of study appropriate for the student's academic ability, aptitude, and interest.
  4. Continue to explore post-secondary options consistent with interests, achievement, aptitude, and abilities.
- 10.03                    **Students will understand the relationship of academics to the world of work, and to life at home and in the community.**
1. Understand the value of lifelong learning as essential to seeking, obtaining, and maintaining life goals.
  2. Understand that school success prepares students to become productive members of the community.

### **STRAND Career Domain**

- 10.04                    **Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.**
1. Develop competency in areas of interest.
  2. Practice job readiness skills to prepare for employment opportunities.
  3. Practice appropriate work ethic and behaviors in school, community, and workplace.



- 10.05            **Students will employ strategies to achieve future career goals with success and satisfaction.**
1. Demonstrate an awareness of resources to obtain career information.
  2. Maintain a career planning portfolio, which lists the high school courses that will assist them in reaching career goals.

- 10.06            **Students will understand the relationship between personal qualities, education training and the world of work.**
1. Understand that the changing workplace requires lifelong learning and acquisition of new skills.
  2. Monitor educational and career goals.
  3. Develop job seeking skills.

## **STRAND Personal/Social Domain**

- 10.07            **Students will acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.**
1. Recognize, accept, and respect individual differences.
  2. Accept responsibility for their personal actions.
  3. Advocate for self.
  4. Recognize the importance of a positive attitude.
  5. Continue to develop communication skills for positive interactions with peers and adults.

- 10.08            **Students will make decisions, set goals, and take necessary action to achieve goals.**
1. Identify long and short term goals.
  2. Identify alternative ways of achieving goals.
  3. Recognize when peer pressure is influencing a decision.

- 10.09            **Students will understand safety and survival skills.**
1. Recognize resource people in the school and community, and know how to seek help.
  2. Recognize the relationship between rules, laws, safety and the protection of an individual's rights.

# **SCHOOL COUNSELING**

## **Eleventh Grade**

### **STRAND Academic Domain**

#### **STANDARDS      GOALS and PERFORMANCE OBJECTIVES**

- 11.01      **Students will demonstrate the attitudes, knowledge, and skills that contribute to effective learning in school and across the lifespan.**
1. Continue to build effective study skills through identifying weaknesses and utilizing problem-solving skills.
  2. Review to-date academic performance and set a goal for improvement.
- 11.02      **Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.**
1. Apply the study skills necessary for academic success in the eleventh grade and graduation.
  2. Organize, understand, and apply academic achievement information from a variety of sources (ASVAB, ACT).
  3. Assess and modify a plan of study appropriate for the student's academic ability, aptitude, and interest to prepare for graduation, honor awards and post-secondary preparation.
  4. Continue to explore post-secondary options consistent with interests, achievement, aptitude, and abilities.
  5. Learn the entrance process for college and other post-secondary institutions, including admission tests and requirements.
- 11.03      **Students will understand the relationship of academics to the world of work, and to life at home and in the community.**
1. Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining, and maintaining life goals.
  2. Understand that school success is the preparation to make the transition from student to community member.

## **STRAND Career Domain**

- 11.04            **Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.**
1. Learn about the rights and responsibilities of employers and employees.
  2. Practice job readiness skills to prepare for employment opportunities.
- 11.05            **Students will employ strategies to achieve future career goals with success and satisfaction.**
1. Pursue and develop competency in areas of interest/skills identified through MCIS and academic standardized testing results.
  2. Maintain a career planning portfolio and if necessary, revise high school course plan to assist them in reaching career goals.
  3. Use information resources to obtain career information and post-secondary educational opportunities, including Financial Aid information.
- 11.06            **Students will understand the relationship between personal qualities, education training and the world of work.**
1. Apply academic and employment readiness skills in work based learning situations, such as job shadowing.
  2. Monitor educational and career goals and research post-secondary programs that match these goals.
  3. Identify their strongest vocational interests, aptitudes, and abilities.
  4. Be provided the opportunity to attend a career or college fair.

## **STRAND Personal/Social Domain**

- 11.07            **Students will acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.**
1. Recognize, accept and respect individual differences.
  2. Advocate for self.
  3. Accept responsibility for their personal actions.
  4. Recognize and respect their own uniqueness and role in family, community, and school.
- 11.08            **Students will make decisions, set goals, and take necessary action to achieve goals.**

1. Know when peer pressure is influencing a decision.
2. Review educational, career, and personal goals.

11.09

**Students will understand safety and survival skills.**

1. Recognize resource people in the school and community, and know how to seek help.
2. Recognize the relationship between rules, laws, safety and the protection of an individual's rights.
3. Identify personal strengths and weaknesses.

# **SCHOOL COUNSELING**

## **Twelfth Grade**

### **STRAND Academic Domain**

#### **STANDARDS      GOALS and PERFORMANCE OBJECTIVES**

- 12.01                    **Students will demonstrate the attitudes, knowledge, and skills that contribute to effective learning in school and across the lifespan.**
1. Use problem-solving and decision-making skills to monitor academic progress.
- 12.02                    **Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.**
1. Apply the study skills necessary for academic success in the twelfth grade.
  2. Assess and modify a plan of study appropriate for the student's academic ability, aptitude, and interest to prepare for graduation, honor awards and post-secondary preparation.
  3. Understand the entrance process for college and other post-secondary institution, including admission tests and requirements.
  4. Create a post-secondary plan consistent with interests, achievement, aptitude, and abilities.
- 12.03                    **Students will understand the relationship of academics to the world of work, and to life at home and in the community.**
1. Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining, and maintaining life goals.
  2. Understand that school success is the preparation to make the transition from student to community member.

### **STRAND Career Domain**

- 12.04                    **Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.**
1. Understand the rights and responsibilities of employers and employees.
  2. Learn about the changing workplace.

- 12.05            **Students will employ strategies to achieve future career goals with success and satisfaction.**
1. Use information resources to create post-secondary plan.
  2. Explore scholarship opportunities with the support from the guidance counselor through various avenues including: web page, daily announcements or class handouts.

- 12.06            **Students will understand the relationship between personal qualities, education training and the world of work.**
1. Monitor educational and career goals and research post-secondary programs and financial opportunities that will fulfill these goals.
  2. Recognize their strongest vocational interests, aptitudes, and abilities.
  3. Be provided the opportunity to attend a career or college fair.

## **STRAND Personal/Social Domain**

- 12.07            **Students will acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.**
1. Recognize, accept and respect individual differences.
  2. Advocate for self.
  3. Recognize and respect their own uniqueness and role in family, community, and school.
- 12.08            **Students will make decisions, set goals, and take necessary action to achieve goals.**
1. Review educational, career, and personal goals.
- 12.09            **Students will understand safety and survival skills.**
1. Identify resource people in the school and community, and know how to seek help.